

4 THINGS ONE NEED TO KNOW ABOUT CIALIS

Cialis has really become a force to reckon with in the market today as a drug that is meant for the treatment of erectile dysfunction otherwise called impotence. In this article, a list of top seven things one need to know about the drug is discussed so as to be equipped with more knowledge concerning the drug.

1

Cialis is the number three drug to hit the market as an erectile dysfunction drug-the drug also known as tadalafil is the third phosphodiesterase-5, a PDE-5 inhibitor to hit the market after the era of Viagra and Levitra in the year 2003. The PDE-5 inhibitors have the characteristics of improving the signs of erectile dysfunction through hindering the breaking down of a substance called cyclic GMP, (cGMP). This substance helps in the relaxation of the smooth muscle as well as widening the blood vessels so that blood can easily flow to the penile area for possible erection to occur, just like all another family of PDE-5 inhibitors, Cialis on its own those not have the capability to cause an erection to occur, this is one area a lot of people tend to misunderstand, they probably believe that Cialis is miracle wonder drug that does everything by itself NO!, one shouldn't seat down to expect miracle to happen after using a Cialis pill, a well conscious effort is needed to be able to arouse one to get emotionally in turned through a means of a sexual stimulant.

2

Cialis might not be suitable all the time-this is another important point know about Cialis, just like other PDE-5 inhibitors have some side effects on the penis as well as another part of the body, it is of utmost importance that before one should take this drug a well reputable and experienced medical doctor must be consulted. For an erection to occur, it takes well coordinated complex processes that rely on the brain, blood vessels, hormones, and nerves to be successful. There exists a lot of other option for treating ED aside the Cialis or any other PDE-5 inhibitors, one should just endeavor to seek the advice of a doctor or rather visit a men's clinic for a specialized medical advice.

3

The side effects of Cialis are usually mild and can be tolerated-as a result of its concentration on the blood vessel as well as smooth muscle which is found along every area of the body, side effects such as a headache, running nose, flushing are very common which reflects the action of the drug on the blood vessels. Some other prominent side effects include back pain, indigestion, muscle pains etc, all these side effects are most like to disappear after some couple of days.

4

Mixing of nitrate with Cialis can be very dangerous- there have been a lot of studies that have shown the danger of using Cialis along with other drugs especially nitrates, this drug and Cialis do not go along at all, try as much as possible not to endeavor to use them simultaneously. The combination of nitrates with Cialis or any other ED medication can cause a serious drop in one's blood pressure.

